

ORCUTT FAMILY DENTISTRY

ALL ABOUT ORAL SEDATION

(916) 961-8454

www.OrcuttFamilyDentistry.com

smile@OrcuttFamilyDentistry.com

7840 Madison Ave #185 | Fair Oaks, CA 95628

ABOUT DR. ORCUTT



Dr. Brian S. Orcutt, D.D.S. is passionate about helping his patients achieve their dental health goals, promoting overall health, and watching their cosmetic dreams come true. Patients often comment that Dr. Orcutt is genuinely kind, funny, warm-hearted and friendly, and always makes them feel comfortable.

A graduate of Indiana University School of Dentistry, Dr. Orcutt continues to expand his knowledge through advanced education in modern dentistry, including TMJ therapy, cosmetic dentistry, Invisalign, dental implants, and oral conscious sedation.

By combining advanced technology with a compassionate approach, Dr. Orcutt strives to provide every patient with comfortable, personalized care and the confidence of a healthy smile.

YOUR FREE ORAL CONSCIOUS SEDATION GUIDE

Relax Through Your Dental Visit at Orcutt Family Dentistry

Nervous About the Dentist? You're Not Alone.

Many people avoid dental treatment because of fear, anxiety, sensitive teeth, gagging, or difficulty getting numb. Some patients have had traumatic dental experiences in the past. Others simply feel overwhelmed at the thought of sitting in the dental chair.

At Orcutt Family Dentistry, we understand.

THAT'S WHY WE OFFER ORAL CONSCIOUS SEDATION FOR FREE!

It is a safe and effective way to help patients feel deeply relaxed and comfortable during treatment

WHAT IS ORAL CONSCIOUS SEDATION?

Oral conscious sedation uses prescription medications to help you feel calm, relaxed, and less aware of dental treatment while still remaining awake and able to respond. These medications are similar, but not the same, as the medications your physician will prescribe for you when you don't like flying.

Most of our patients describe the experience as:

- Feeling very relaxed
- Feeling sleepy or drowsy
- Having little memory of the appointment
- Feeling like the appointment went by quickly

Even though you may feel very sleepy, you are still breathing on your own and able to communicate with the dental team throughout treatment.



WHO IS ORAL CONSCIOUS SEDATION FOR?

Oral conscious sedation may be a great option if you:

- Feel anxious or fearful about dental visits
- Have avoided the dentist for years
- Have a strong gag reflex
- Have difficulty getting numb
- Need multiple procedures completed
- Have sensitive teeth
- Have TMJ discomfort that makes long appointments difficult
- Feel embarrassed or overwhelmed about your dental condition
- Have trouble sitting still for long appointments

Many patients who once feared the dentist tell us sedation completely changed the way they feel about dental care.



HOW DOES IT WORK?

Receive your FREE consultation in 3 simple steps:

STEP #1

BEFORE YOUR APPOINTMENT

- Dr. Brian Orcutt will review your medical history, medications, & overall health to determine whether sedation is appropriate for you.
- You'll typically take a prescribed medication before your appointment. By the time treatment begins, you'll already feel calm and relaxed.



STEP #2

DURING YOUR APPOINTMENT

- Your vital signs are continuously monitored
- You remain conscious and able to respond
- Most patients feel sleepy and deeply relaxed
- Time often feels much shorter
- The dental assistants never leave your side and constantly monitor you



STEP #3

AFTER YOUR APPOINTMENT

- Because the medications can remain in your system for several hours, you'll need a trusted adult to drive you to and from your appointment. The trusted adult also should stay with you the entire day while you are recovering from the sedation medication.

COMMONLY USED MEDICATIONS

Every patient is different, and medications are selected based on your medical history and treatment needs.

Common medications used for oral conscious sedation may include:

- Triazolam (Halcion)
- Diazepam (Valium)
- Lorazepam (Ativan)
- Hydroxyzine (Vistaril)

These medications belong to either a class called benzodiazepines or antihistamines, which are commonly used to reduce anxiety and promote relaxation.

Some patients may also receive additional medications to improve comfort and reduce nausea when appropriate.

Dr. Orcutt will discuss your options and answer any questions before treatment.

IS ORAL CONSCIOUS SEDATION SAFE?

Yes— when properly administered and monitored, oral conscious sedation has **an excellent safety record.**

Our goal is to help patients feel comfortable while maintaining the highest level of safety.

At Orcutt Family Dentistry:

- Patients are carefully screened
- Medical histories are thoroughly reviewed
- Vital signs are continuously monitored
- Emergency medications and equipment are available
- Dr. Orcutt has advanced training in sedation dentistry which he retakes every other year

BENEFITS OF ORAL CONSCIOUS SEDATION

I've been performing oral conscious sedation for many years and have helped so many of my patients face their dental fear and get the treatment they need and want. It's very safe and easy for the patients, plus there's no nausea that patients may have with other forms of sedation.

REDUCED ANXIETY

Many patients feel significantly calmer before and during treatment.

INCREASED COMFORT

Sedation can make lengthy procedures feel much easier.

EASIER APPOINTMENTS

Patients with gagging, jaw fatigue, or sensitivity often tolerate treatment much better.

FEWER VISITS

Because patients are more comfortable, more treatment can often be completed in fewer appointments.

LITTLE TO NO MEMORY OF TREATMENT

Many patients remember very little of the procedure afterward.

HELPS PATIENTS RETURN TO CARE

Sedation can help patients finally receive treatment they may have postponed for years.

ARE THERE ANY DOWNSIDES?

Like any medication, oral conscious sedation does have potential risks and limitations.

Possible side effects may include:

- Drowsiness
- Dry mouth
- Temporary grogginess
- Limited memory of the appointment

Patients may remain sleepy for several hours after treatment, which is why driving is not allowed afterward and why a trusted adult needs to monitor you the entire day.

Oral conscious sedation is not appropriate for everyone. Certain medical conditions, medications, age restrictions, pregnancy, sleep apnea, or airway concerns may affect candidacy.

Your safety is always our top priority.



I've only had one appointment, but so far it's the best experience I've ever had with a dental practice. I know I need extensive work done on my teeth, so my anxiety was quite high going in, but it's clear from the start that they take your concerns seriously. **They were the ones to offer the sedation option, which is helpful for people with anxiety around speaking up for themselves in healthcare situations.** Highly recommend.

– Emily P.

WHAT SHOULD I EXPECT BEFORE MY APPOINTMENT?

BEFORE SEDATION

- Follow all pre-op instructions carefully
- Avoid eating or drinking if instructed
- Arrange for a driver
- Wear comfortable clothing
- Take only approved medications

AFTER TREATMENT

- Plan to rest for the remainder of the day
- Avoid driving or important decisions
- Follow all post-op instructions carefully
- Don't go shopping or make any big purchases

YOU DON'T HAVE TO "PUSH THROUGH" DENTAL FEAR

If fear or anxiety has kept you from getting the care you need, oral conscious sedation may help make dentistry feel manageable again.

Our team is here to listen, answer questions, and help you feel comfortable every step of the way.

Visit www.orcuttfamilydentistry.com or ask about Oral Conscious Sedation during your next visit with Dr. Brian Orcutt.

**SCHEDULE YOUR FREE
VIRTUAL CONSULTATION:**



Feel Free to Reach Out Anytime!

(916) 963-0791 | 7840 Madison Avenue #185, Fair Oaks, CA 95628
www.OrcuttFamilyDentistry.com | smile@orcuttfamilydentistry.com